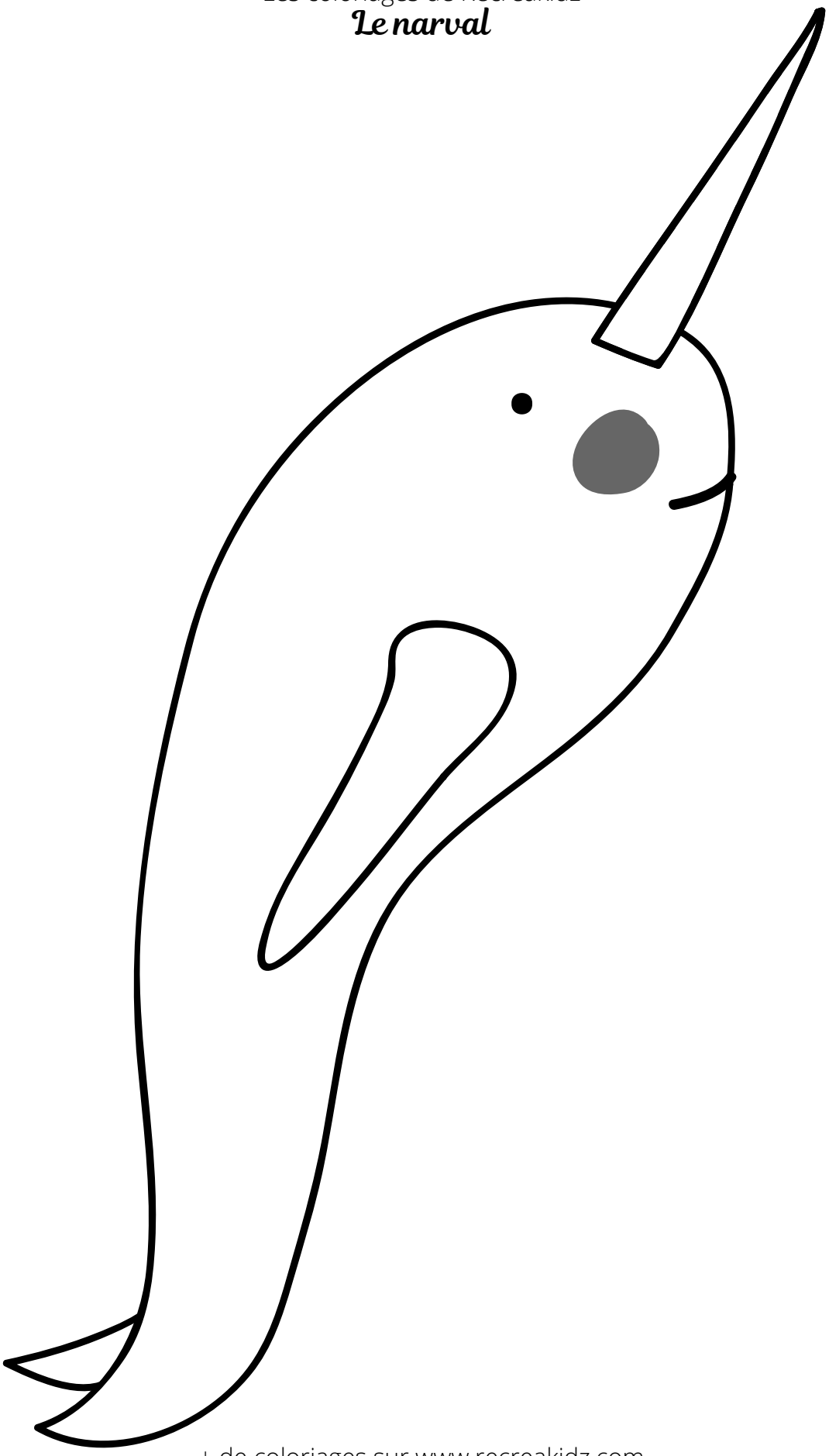Le narval