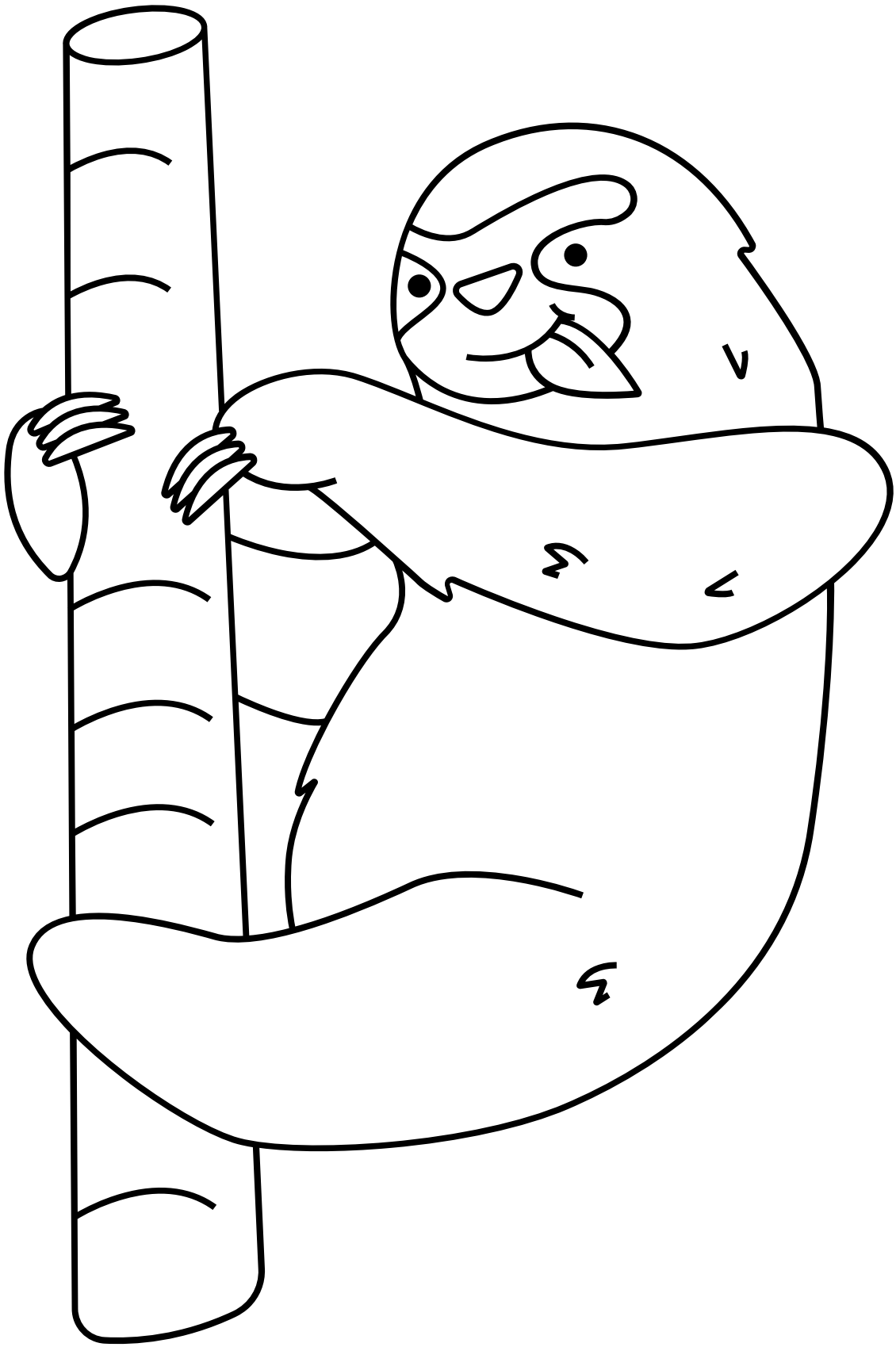Les paresseux